



RE: Xinachtli Rites of Passage Leadership and Professional Development Invitation

A 2019 study reported that approximately 72% of social change leaders, advocates, organizers, and activists believed they have suffered serious emotional or psychological health problems because of their work. Xinachtli facilitators have a higher susceptibility to chronic illness, mental health issues, secondary trauma, fatigue, and burnout leading to high turnover rate in programs and organizations.

The realities of the current moment have impacted our community and collective capacity to do this work. For this reason, we believe the time is now for organizations to invest in our Xinachtli facilitators so that they may benefit from healing centered professional and leadership development.

We are excited to share about the amazing work and partnership with <u>KLBRI</u> to deliver our inaugural **Xinachtli Rites of Passage for Facilitators**. KLBRI has adapted our Xinachtli curriculum to offer an opportunity for facilitators to heal and transform as they embark on their own journey as guerrerxs working with our youth and their communities.

"The health of our facilitators determines the health of the circle." Our Xinachtli Rites of Passage for Facilitators is a healing-centered leadership development series offering a transformative framework so that we can shift the ways in which we show up with youth and the communities we seek to transform. This programmatic offering will include a holistic wellness and mental health component in partnership with Latinx Therapy.

Please see the attached Fact Sheet for further information. We hope that you will consider investing in your trained Xinachtli facilitators by sponsoring them to be able to participate in this offering.

With gratitude,

Sara Haskie- Mendoza Xinachtli Author, Lead Trainer Dr. Patty Ramirez

KLBRI Founder, Xinachtli Lead Trainer

KLBRI is a grassroots organization and fiscal project of Los Angeles Indigenous People's Alliance (LAIPA). KLBRI was founded by Dr. Patty Ramirez in response to the political context of unaccompanied minors, family separation, migrant caravans, racial trauma, police brutality, and mass incarceration. These along with a global health pandemic functioned as exacerbating factors on the impact of race-based stress that has fatigued black, indigenous, people of color social justice leaders threatening the sustainability of social justice organizations and movements. The mission of the Institute is to uplift and sustain advocates and leaders through an ecosystem of care, well-being, and healing.



KLBRI's Xinachtli Rites of Passage program is a 12-week healing-centered leadership development series offering a transformative framework so that we can shift the ways in which we show up with youth and the communities we seek to transform.

Series begins March 21st, 2022 Every Monday 2-4pm PST

SLIDING FEE SCALE AVAILABLE







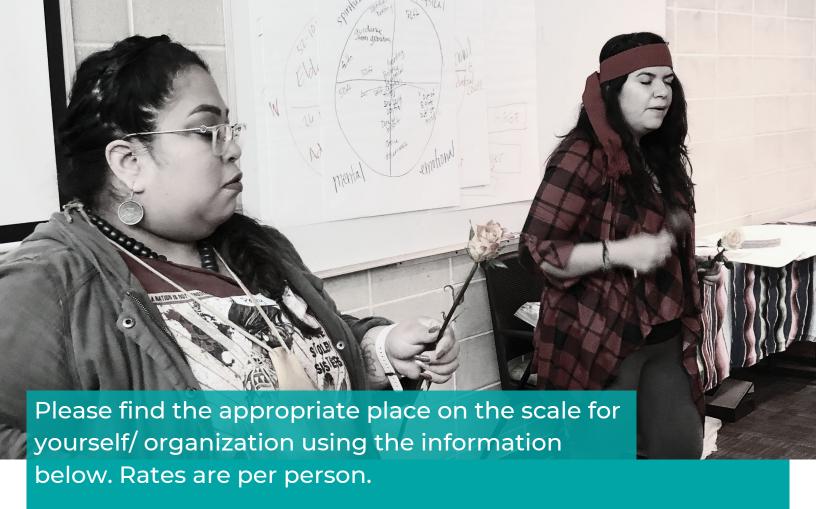
Registration Includes:

- 12 Week Xinachtli Curriculum adapted for trained Xinachtli Facilitators
- Healing Centered Leadership and Professional Development
- Experiential introduction to cultivating a sacred practice and self-care rituals
- KLBRI Community Care Package in partnership with Wild Luna Botanicals
- Access to Holistic Wellness and Mental Health Services
- Curriculum Supplies
- Rites of Passage Ceremony



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xinachtli (semilla/ blossoming seed) \$250-\$500

Individual:If you are currently unemployed, stressed about financial situation, and have no extra money to spend

Organization: For grassroots start-up organizations and/or those who are working to build a solidarity economy. We prioritize organizations who are led by primarly BIPOC leaders for this tier.

xochitl (flor/ flower) \$500- \$1,000

Individual:If you are currently employed, living on a tight budget, and have minimal money to spend

Organization: For organizations with a budget under \$500,000.

komonmilli (milpa/ communal field) \$1,000-\$1,500

Individual: If you are currently employed, have money to invest, and not on a budget.

Organization: For organizations with a budget over \$500,000



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